



Montpellier



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**CEPS
 PLATFORM**

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Academic Platform, Montpellier

EUROPEAN METHODOLOGY PLATFORM
 for non-pharmacological interventional research



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Efficacy of NPIs: a question of method

The prescription and use of NPIs are still largely based on beliefs, customs and erroneous generalizations. Their efficacy, complementarity and safety remain only partially known.



"In light of the standards usually applied to evaluate the efficacy of medical treatments, most studies assessing the efficacy of non-pharmacological therapies [hygiene and dietary practices, psychological treatments, physical therapies] suffer from **methodological weaknesses**."

Rapport d'orientation "Développement de la prescription de thérapies non médicamenteuses validées"

French Health Authority (HAS, april 2011, p.40)

The Platform

The CEPS Platform is an academic organization. It was founded as a French Scientific Interest Group (Groupement d'Intérêt Scientifique, GIS). Financial support comes from the State (France), the Languedoc-Roussillon Midi-Pyrénées Region and the city of Greater Montpellier within the framework of the 2015-2020 French State-Region Plan (Contrat Plan Etat Région 2015-2020).

Objectives

- To clarify and standardize the scientific approach for assessing the positive impacts of Non-Pharmacological Interventions (NPIs) on human health and well-being.
- To foster the design and implementation of rigorous non-pharmacological interventional studies.

Resources



MOTRIAL

Metasearch engine for NPI studies



TOOLS

Methodology tools for NPI research



JOURNAL

Multimedia Scientific Periodical on NPI research



EVENTS

Conference and workshops on NPI research



NETWORK

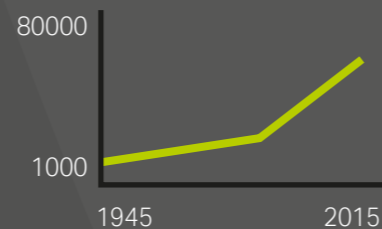
European Directory of NPI research professionals and organizations

€7.5 Billion

Amount Europe will have spent by 2020 for the prevention and treatment of chronic diseases*

\$2.2 Billion

Amount spent by the NIH from 2010 to 2014 to promote the development of alternative medicine**



Publications of clinical studies on NPIs between 1945 and 2014***

x 2.2 for NPIs***
x 1.7 for drugs***

Increase in publications on NPIs between 2010 and 2014

OVER 400 NPIs

7,462 meta-analyses

60%

of Europeans use NPIs



1.5 Million publications since 1827***

715 publications in 2014

73,691 study protocol publications in 2014

*source Europe Horizon 2020 - **source NIH (National Institutes of Health) 2016 - ***source Pubmed january 2016